



Barrow Park  
Leisure Centre  
BARROW FORWARD

# BARROW PARK KIDS CLASS TIMETABLE

MAR 24 | OCT 24

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

**LEISURE POOL SWIM**  
12.00 - 13.00 LP

**KIDS GYM**  
Ages: 8-15 years  
16.15 - 16.45 FG

**LITTLE BALLERS**  
Ages: 18 months - 5 years  
11.00 - 11.30 SH

**LEISURE POOL SWIM**  
12.00 - 13.00 LP

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12.00 - 13.00 LP

**GYMNASTICS**  
Ages: 5-7 years  
16.15 - 17.00 SH

**GYMNASTICS**  
Ages: 5-13 years  
17.15 - 18.00 SH

**LEISURE POOL SWIM**  
12.00 - 13.00 LP

**KIDS GYM**  
Ages: 8-15 years  
16.15 - 16.45 FG

**LES MILLS BORN TO MOVE**  
Ages: 5-7 years  
16.15 - 16.45 S

**LES MILLS BORN TO MOVE**  
Ages: 8-13 years  
17.00 - 17.30 S

**LEISURE POOL SWIM**  
12.00 - 13.00 LP

**ROLLER DISCO**  
Ages: 4+ years  
16.15 - 17.00 SH  
Children under 8 must be supervised by an adult

**FAMILY GYM**  
Ages: 8-12 years  
14.45 - 15.30 UG !

**ROLLER DISCO**  
Ages: 4+ years  
14.00 - 14.45 SH £  
Children under 8 must be supervised by an adult

**FAMILY GYM**  
Ages: 8-12 years  
14.45 - 15.30 UG !

S Studio SH Sports Hall LP Leisure Pool FG Functional Gym ! Unsupervised UG Upstairs Gym £ Not included in membership

BOOK YOUR CLASSES **ONLINE**  
[www.barrowleisure.co.uk](http://www.barrowleisure.co.uk)

See reception or call **01229 871 146**



KIDS MEMBERSHIPS INCLUDE **FREE SWIMMING\*** AND **OFF PEAK RACQUETS** AT BARROW PARK  
\* During public swimming times

