



Barrow Park
Leisure Centre
BARROW FORWARD

BARROW PARK LEISURE POOL TIMETABLE

TERM TIME

	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00		
MONDAY									Leisure Pool Swim 12:00 - 13:00	Good Boost 13:00 - 13:30							General Swim 15:30 - 18:30							
TUESDAY					School Lessons 09:45 - 10:15	Ducklings 10:30 - 11:00			Leisure Pool Swim 12:00 - 13:00	Good Boost 13:00 - 13:30							General Swim 15:30 - 18:30							
WEDNESDAY									Leisure Pool Swim 12:00 - 13:00	Bump Boost 13:00 - 13:30							General Swim 15:30 - 16:30	Junior Lessons 16:30 - 17:00	Leisure Pool Swim 17:00 - 18:30		Aqua max (alt weeks) 18:30 - 19:15			
THURSDAY									Leisure Pool Swim 12:00 - 13:00	Good Boost 13:00 - 13:30							General Swim 15:30 - 17:45							
FRIDAY				School Lessons 09:15 - 11:15					Ducklings 11:30 - 12:00	Leisure Pool Swim 12:00 - 13:00	Bump Boost 13:00 - 13:30							Pool Party 16:00 - 18:30		Leisure Pool Swim 15:30 - 17:45				
SATURDAY	Junior Lessons 08:30 - 12:00								General Swim 12:00 - 15:45								Exterminator 15:45 - 16:30							
SUNDAY	Junior Lessons 08:30 - 11:00									Exterminator 12:00 - 12:45	General Swim 12:45 - 16:30													

- KEY**
- Lane Swim
 - Exterminator
 - Aqua Max
 - School Lessons
 - Junior Lessons
 - Bump Boost
 - Ducklings
 - Leisure Pool Swim
 - Good Boost
 - General Swim
 - Pool Party

For club hire sessions you must book through the club.

*All swim lessons are available to people with a swim lesson membership

TO BOOK LANE SWIM OR FIND OUT MORE
ABOUT SWIMMING MEMBERSHIPS VISIT
WWW.BARROWLEISURE.CO.UK OR CALL **01229 871 146**